

10 STEPS TO EDIT YOUR CLOSET

1. Set Your Intention - Decide how you want to feel when you get dressed.
2. Choose 3 Style Words
3. Set Aside Time to Get Started - 2-3 hours or several 15-20 minute bursts
4. Recruit a Buddy to Help - If you're having trouble parting with things, this can help.
5. Try Everything On
6. Notice What Looks Great on You and the Repeated Items in Your Closet
7. Edit the Excess
8. Make a List of What You Need
9. Be True to Your Style
10. Toss, Sell, or Donate the Clothes

MY 3 STYLE WORDS:

QUESTIONS TO ASK YOURSELF

- Is it in good condition? (Toss anything with stains, holes, etc.)
- Will I really wear this, or will it sit in my closet five more years?
- Do I have similar items that I prefer?
- Do I love it?
- Does it bring me joy?